

Allergy information summary | ZIMA Restaurant

UPDATE 18.04.2024

NAME OF DISH	Peanuts	Nuts*	Sesame seeds	Crustaceans	Lupin	Soya	Fish	Eggs	Molluscs	Dairy	Celery	Mustard	Sulphur dioxide	Gluten
PICKLES														
PICKLED CABBAGE	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
PICKLED CABBAGE RED	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
PICKLED CUCUMBERS	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO	YES	YES	YES	NO
PICKLED TOMATOES	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO	YES	YES	YES	NO
PICKLED MUSHROOMS	YES	YES	YES	NO	YES	YES	NO	NO	NO	NO	YES	YES	YES	NO
STARTERS														
OSSETRA CAVIAR (WITHOUT BLINIS)	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	YES	NO
SALMON CAVIAR - SALMON ROE (WITHOUT BLINIS)	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	YES	NO
AUBERGINE ROLLS WITHOUT GARNISH WIHOUT(Mayo Sour cream)	NO	YES	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	YES	NO
AUBERGINE ROLLS WITH GARNISH (Mayo Sour cream)	NO	YES	YES	NO	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO
EGG AND RADISH SALAD WITH MUSTARD SPRING ONIONS	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO
FORSHMAK	NO	NO	NO	NO	NO	NO	YES	YES	NO	YES	NO	YES	NO	NO
OLIVIER SALAD (WITHOUT SALMON ROE)	NO	NO	NO	NO	YES	NO	NO	YES	NO	NO	NO	YES	YES	YES
SHUBA - HERRING UNDER FUR COAT	NO	NO	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO
VINEGRETTE SALAD	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	YES	YES	YES
DRANIKI (WIHOUT MUSHROOM SAUCE)	NO	NO	NO	NO	NO	NO	YES	NO	NO	YES	NO	NO	NO	YES
VODKA PLATEAU	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	YES	NO
SALO - CURED PORK BELLY(WITHOUT MUSTARD ON SIDE AND BREAD)	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
SIDES														
BUCKWHEAT WITH OYSTER MUSHROOMS	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO
FRIED POTATOES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
SPRING SALAD (CABBAGE AND CUCUMBER)	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
MASHED POTATOES	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO
PIROZHKI														
CABBAGE+EGG	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	YES
PIROZKI CHICKEN AND CABBAGE	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	YES
MIXED MEAT	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	YES
SOUPS														
BORSCH VEGETARIAN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO
BREAD + SALO (BORSH)	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES
BORSCH (WITHOUT SOUR CREAM)	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO
SOLYANKA (WITHOUT SOURDOUGH AND SOUR CREAM)	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO
CHICKEN BROTH (WITHOUT PIROZKI)	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
UKHA (WITHOUT SOURDOUGH)	NO	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO

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MAINS														
BEEF STROGANOFF WITH SAUCE AND MUSHROOMS (WITHOUT SIDE DISH)	NO	NO	YES	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	YES
PICKLED CUCUMBERS (SIDE WITH CUTLET/STROGANOFF)	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	YES	NO	NO
KIEV CUTLET	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	YES
CHICKEN CUTLET (PLAIN WITHOUT SIDES AND SAUCE)	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	YES
CHICKEN CUTLET (WITH MUSHROOM SAUCE)	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	YES	YES	YES	YES
PELMENI SIBIRSKIJE MEAT	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	YES
PELMENI WITH LAMB	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	YES
BLACK FISH PELMENI	NO	NO	NO	NO	NO	NO	YES	YES	YES	YES	NO	NO	NO	YES
VARENIKI POTATOES AND MUSHROOMS	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	YES
DRANIKI - POTATOES ROSTI (WITHOUT MUSHROOM SAUCE)	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	YES
PAN FRIED SALMON WITH CABBAGE AND CUCUMBER SALAD	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
SAUCES														
MUSTARD SAUCE FOR RADISH SALAD	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO	YES	NO	YES
ADJIKA SAUCE	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
DILL OIL	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
YOUGOURT GARLIC SAUCE (Lamb Pelmeni)	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO
MUSHROOM SAUCE (DRANIKI/CUTLET)	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	YES	YES	NO	NO
HONEY MISO SAUCE (SALMON)	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO
DESSERTS														
HONEY CAKE	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	YES
SIRNIKI - COTTAGE CHEESE PIES	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	YES
BAKLAVA	YES	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	YES
CHOCOLATE KARTOSHA	NO	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	YES
CHERRY VARENIKI	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	YES
PANCAKES	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	YES
SAUCES														
RASPBERRY SAUCE	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
BLUEBERRY SAUCE	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
LEMON CREAM (KARTOSHA TOPPING)	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO
CONDENSED MILK	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO
MARPLE SYRUP	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
CHOCOCLATE	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
HONEY	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
STRAWBERRY SAUCE	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
DRINKS														
CRANBERRY MORS	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
BREAD														
SOURDOUGH (UKHA/SOLYANKA/VINIGRET/	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES
RIGA BREAD	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES
BUTTER WITH MALDON SEA SALT														
BUTTER WITH MALDON SEA SALT	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO

Crustaceans: Crab, crayfish, lobster, prawns and shrimp

Shellfish: Abalone, clams, conch, mussels, octopus, oysters, scallops, sea snails (escargot) and squid (calamari)